

SENIORS' CENTRE WITHOUT WALLS  
A FREE interactive telephone program for Adults 55+ In Saskatchewan  
**JOIN US BY YOUR TELEPHONE FROM YOUR OWN HOME**

**PRESS RELEASE – September 5, 2022**

**For Immediate Release**

INCREASING SOCIAL CONNECTIONS For Older Adults --

*IF YOU LIVE ANYWHERE IN SASKATCHEWAN and are over 55 you will not want to miss this exciting opportunity to join all the fun activities of a senior centre and never leave your home!*

Listen in to some of the SCWW fall Guest presenters talk about upcoming fall programs – all done by telephone and ALL FREE. Public information session BY TELEPHONE – on Monday, September 19 at 12:00 noon to 1:45 Listen in to part or all

**To listen to the live public information session phone toll free to: 855-204- 8148**

Is your mom or dad feeling lonely at home? Are you wanting to have some social visits with others? SCWW offers games, educational topics, creative art classes and so much more and it's all done over the telephone. No computer and no internet are needed.

Phone in and listen, to the public information session and we tell you all about how our telephone classes work; listen to the presenters talk about their fall classes such as:

Karla - Western Development Museum – Settler Stories

Christy- Moose Jaw Museum and Art Gallery – Telephone Art Classes

Catherine – Opal Season Brain Engaging Activities

Della – Grief Counsellor

Lorne Jackson – Old Time Eclectic Music and Piano player Extraordinaire

Myrna – Sewing by Phone and Ronda – SCWW program manager

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Senior Centre Without Walls (SCWW) is a FREE over the telephone program that offers learning, social connections, and fun interactive activities for adults 55+ that are affected by social isolation. The program is done over the telephone from your home – like the old time “party lines.”

Questions: email Ronda [swwsask@gmail.com](mailto:swwsask@gmail.com) or phone 306. 631-4357

Website: [www.scwwmoosejaw.com](http://www.scwwmoosejaw.com)

Seniors Centre Without Walls Saskatchewan is a trusted local non profit since 2019.